



# Eating and Drinking Well with Dementia - a Guide for Care Staff

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## Page 1: Survey information and privacy statement

This is a short questionnaire about how you have used the 'Eating and Drinking Well with Dementia - Guide for Care Staff' developed by Ageing & Dementia Research Centre, Bournemouth University, UK. The information gained from this questionnaire will be used to inform further developments on nutrition and dementia and as part of our Research Excellence Framework (REF) impact case study. This questionnaire will be completely anonymous and collected data will be kept for three years.

## Page 2: Preliminary information

### 1. Your role or job title

### 2. How long have you been working in this role?

### 3. Please provide details of any previous training on nutrition for people with dementia.

### 4. How frequently have you used this guide?

- At least once a week
- At least once in a fortnight
- At least once in a month
- Rarely

Page 3: Please indicate what you have done differently in your practice and the effect this might have had for people with dementia in the following areas:

### Availability of food and drinks

5. People with dementia who had poor appetites or losing weight are eating more

+ More info

- Yes (please indicate what you have done differently)
- No (please explain and if you plan to make changes)

5.a. Comments:

6. People with dementia have increased their fluid intake

+ More info

- Yes (please indicate what you have done differently)
- No (please explain and if you plan to make changes)

6.a. Comments

## Tools, resources and environment

### 7. People with dementia are being monitored for malnutrition (as undernutrition)

#### + More info

- Yes (please indicate what you have done differently)
- No (please explain and if you plan to make changes)

#### 7.a. Comments

### 8. People with dementia are eating more at mealtimes

#### + More info

- Yes (please indicate what you have done differently)
- No (please explain and if you plan to make changes)

#### 8.a. Comments

## Relationship to others with eating and drinking

### 9. People with dementia are encouraged to eat more at mealtimes

#### + More info

- Yes (please indicate what you have done differently)
- No (please explain and if you plan to make changes)

#### 9.a. Comments

### 10. People with dementia are less anxious at mealtimes

#### + More info

- Yes (please indicate what you have done differently)
- No (please explain and if you plan to make changes)

#### 10.a. Comments

## Participation in activities

**11. People with dementia have better appetites and eating more**

**+** [More info](#)

- Yes (please indicate what you have done differently)
- No (please explain and if you plan to make changes)

**11.a.** Comments

**12. People with dementia are more independent and require less help at mealtimes**

- Yes (please indicate what you have done differently)
- No (please explain and if you plan to make changes)

**12.a.** Comments

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## Consistency of care

### 13. People with dementia have better appetites and are eating more

+ More info

- Yes (please indicate what you have done differently)
- No (please explain and if you plan to make changes)

#### 13.a. Comments

### 14. People with dementia are more independent and require less help at mealtimes

- Yes (please indicate what you have done differently)
- No (please explain and if you plan to make changes)

#### 14.a. Comments

## Provision of information

**15. Staff are better informed. If the answer is yes - what resources have you used/found most helpful?**

**16. People with dementia who had poor appetites are eating more and/or have increased their fluid intake**

- Yes (please indicate what you have done differently e.g. read a trusted resource)
- No (please explain and if you plan to make changes)

**16.a. Comments**



## Page 4: Additional information

**17.** Have you noticed any other changes in people with dementia with regard to their eating and drinking behaviours?

- Yes, please provide details
- No, please explain

**17.a.** Comments

**18.** Having used the guide, please provide any short stories about your experiences.

**19.** Please provide any further comments.

## Page 5: Final page

We would like to thank you for participating in this study. Thank you very much for your time in completing this survey, it is much appreciated.

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